



BHAGINI NIVEDITA COLLEGE (UNIVERSITY OF DELHI)
Kair, Near Najafgarh, New Delhi - 110043
Faculty Details proforma for College Web-site

Title	Dr.	First Name	SUMAN	Last Name	MOHAN	Photograph
Designation	Assistant Professor, Food/Nutrition, Dept. of Home Science					
Address	M 25, Marg number 50, Saket, New Delhi 110017					
Phone No	Office					
	Residence	8826600136				
	Mobile	9313933661				
Email	drsumanmohan@bn.du.ac.in					
Web-Page						
Educational Qualifications						
Degree	Institution				Year	
Bachelor of Homoeopathic Medicine and Surgery	NHMC, Delhi University				2001	
PG Diploma in Preventive and Promotive healthcare	Apollo Hospital ERF				2003	
MSC Diet Food Services Management	IGNOU				2017	
MSC Counselling and Family Therapy	IGNOU				2023	
PG Acupuncture Therapy, PGC Diabetic Educator, CNCC, PG in Yoga and Pranayam and Meditation	Dr Mohan's Academy MDNIY, Delhi University				2019	
Career Profile						
1) From February 2019 till date: at Bhagini Nivedita College, as an Assistant Professor for Food/Nutrition in Dept of Home science. 2)Freelance Consultant for child health, child nutrition, maternal health, maternal nutrition, family planning counselling, and adolescent health counselling at NGO "Shikhar " 3) Clinical practice from 2001-2019(Associate Consultant at Dr Jugal Kishore's Clinic, Freelance Consultant at Geeta Bhawan Sabha Dispensary Hauz Khas (PP) 4)Rotatory Paid internship at NHMC&H and NDMC Vivek-vihar Dispensary from 2000-2001 5)Clinical Nutrition internship from Maharaja Agrasen Hospital, Punjabi bagh, Delhi (2015)						
Administrative Assignments						
1) Organizing secretary for "International workshop on : Fuel your body, Ignite your potential –"□□□□" stress management workshop at Bhagini Nivedita College, DU held on 02.08.2023 2) Part of various University syllabus forming committee for Bsc (H)F/N,HS, NHE subjects and FT subjects. 3) Various departmental activities including Poshan Mah celebration ,2023,2024,2025 4) Convenor and Member as. Paper setter from BNC for Bsc(H) F/N, HS, NHE and FT subjects. 5) Conducting Practicals as Internal examiner at BNC for Bsc(H) F/N,HS ,NHE and FT subjects. 6) Conducting Practicals as External examiner from BNC for Bsc(H) F/N,HS ,NHE and FT subjects at various Delhi University Colleges LIC, IHE, LBS, AMV, DRC, SPM, VNC and Manav Rachna University also. 7) Admission committee member for consecutive years. 8) Discipline and anti ragging committee 9) Moderation committee member 2022(sports dept) 10) Sports committee member.						



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Areas of Interest / Specialization																													
Clinical Nutrition Physical, social, psychological, spiritual health and wellness.																													
Subjects Taught																													
Fundamentals of Human Anatomy and Physiology Basic Physiology of Digestive System Clinical Nutrition Nutrition for sports and fitness Dietetics and Public Health Nutrition Public Nutrition Basics of food and Nutrition Nutrition for lifespan Basics of food technology Food Processing																													
Time table of the subjects taught during the current semester																													
<table border="1" style="width: 100%; border-collapse: collapse;"><thead><tr><th>S.No.</th><th>Subject</th><th>Days</th><th>Time</th><th>Classroom</th></tr></thead><tbody><tr><td>Click here to enter text.</td><td>Click here to enter text.</td><td>Click here to enter text.</td><td>Click here to enter text.</td><td>Click here to enter text.</td></tr><tr><td>1</td><td>Clinical Nutrition</td><td>Monday, Friday</td><td>9am-11pm ,11am-1pm</td><td>29,36,RR</td></tr><tr><td>2</td><td>Nutrition for lifespan</td><td>Wednesday, Friday</td><td>1pm-4pm, 9am -11am</td><td>37,33</td></tr><tr><td>3</td><td>FSP</td><td>Tuesday, Thursday</td><td>9am-11am ,9am-12noon</td><td></td></tr></tbody></table>					S.No.	Subject	Days	Time	Classroom	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	1	Clinical Nutrition	Monday, Friday	9am-11pm ,11am-1pm	29,36,RR	2	Nutrition for lifespan	Wednesday, Friday	1pm-4pm, 9am -11am	37,33	3	FSP	Tuesday, Thursday	9am-11am ,9am-12noon	
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Research Guidance																													
Research Protocol Reviewed for "CCRH, AYUSH, Govt. of India "research projects : 1)Year 2022 : Comparative efficacy of Individualised Homoeopathic medicine, Vanadium 30C and Ferrum phos 3X for anaemia in adolescents. 2)Year 2023 : Comparative efficacy of Individualized Homoeopathic Medicines and Fucus vesiculosus mother tincture in Overweight Children: An open, randomized, comparative trial' 3)Year 2024 : "Vitamin D deficiency and its management with Homoeopathic medicine"																													
Publications Profile																													
1)Book Name : ISBN Number : 978-81-978843-7-5 Chap 14 - 2)Conducted " A study to assess the nutritional status of adolescent boys (13-19ys) for completion of MSCDFSM																													



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3) Conducted “A study to assess the relationship between nutritional status and the level of aggression amongst adolescent boys (13-19yrs) for completion of MSCCFT 4) Conducted “A study on Effect of Homoeopathic medicines on Hypertension. “ for completion of BHMS
Publications in the Last one year
1)Hospitality and Healthcare Interlinkages: A Bioanalytical Perspective on Hygiene, Nutrition, and Service Quality in Hospital Settings. <i>JOURNAL OF APPLIED BIOANALYSIS, December 2025 p. 71-79</i> http://doi.org/10.53555/jab.v11i7.1140 (ISSN 2405-710X) , Vol. 11, No. 7 2)The Clinical Impact of Macronutrients and Micronutrients: A Review of Nutritional Balance, Deficiency Disorders, and Therapeutic Applications. <i>The Cureus Journal of Medical Science.PubMed Central (PMC), PubMed, Google Scholar.Journal link:</i> https://www.cureus.com/(In process of publishing)
Conference Organization/ Presentations (in the last three years)
<u>1)“Nutritional recommendation for a Diabetic patient “ at IIHP ,Delhi.</u> <u>2)“Obesity:Mother of all chronic diseases” at Sur medical college, Moti bagh ,DU</u>
Research Projects (Major Grants/Research Collaboration)
Awards and Distinctions
“Corona Warrior Award” for service to the community infight against covid-19 by International Institute of Lifestyle Management
Association With Professional Bodies
IIHP AMWI
Other Activities
Organising camps for health and wellness. Counselling for stress management for students. FDP ATTENDED : 1) Year 2023 : “42 hrs certificate course in “ Teacher as Researcher “ from Lady Irwin College, DU 2) Year 2023: “ Principles of Culinary Sciences” 3) Year 2024: “1 week workshop on “Ayurveda and Nutrition “ for capacity building for VAC “Ayurveda and Nutrition “ CAPACITY building trainings:



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- 1) COVID-19 Training from AYUSH Ministry, GOI
- 2) COVID-19 Stress Management training from DIKSHA,GOI
- 3) Maternal health and Nutrition from ICMR Poshan abhiyan
- 4) Food Fortification from ICMR Poshan abhiyan

Participation in International and National Conferences:

- 1) SPEEDCON
- 2) 1st Healthy Food Symposium at AIIMS,delhi
- 3) Annual Pediatric Celiac Disease Symposium at AIIMS Delhi
- 4) Midterm National Conference at Indian Society of Pediatric Gastroenterology, Hepatology and Nutrition

Signature of Faculty Member

- You are also requested to also give your complete resume as a DOC or PDF file to be attached as a link on your faculty page.